

COLOUR YOUR LIFE!! with AURA-SOMA!!

Level One Course

With Susan Ashton



Level One—6 days

**Lemon Gum Lodge
Pappinbarra, Nr WAUCHOPE**

The registration fee includes comprehensive workbook, and morning and afternoon teas.
Please bring lunch to share

Course Fee \$750.00

Early Bird \$695.00

(paid in full one month prior to course)

**Ask Susan about payment plan—
monthly payments?**



AURA-SOMA takes you on a journey ... Within the living energies and colour are the fantastic tools to help you create amazing changes in your life:

- *better health,
- *more loving relationships,
- *success in your career,
- *greater confidence in yourself,
- *clear direction for your life's journey.....

More Information:

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Level 1 Course Outline

*Theory of colour .. the visible and invisible spectrums ...

* The meaning of colours at various levels ...

* How to interpret the Equilibrium bottles ...

* An introduction to the pomanders .. learn their application and when to use each of the various colours ..

* Giving and receiving a colour consultation. Consultation skills and experience ...

* Demonstration and practical work with hand massage techniques using Aura-Soma ...

* Introduction to the Quintessences and Archangeloi Essences ... what they are - how to recommend - how to apply ...

Susan is a Registered Nurse and Aura-Soma practitioner and Teacher to the Advanced level. She is also an Instructor for levels 1 & 2 of the HTI Healing Touch certificate program. She has many years experience working with groups, teaching professional health care workers, and people interested in a holistic approach to health. She lives in a forest retreat in New South Wales, and gently guides and empowers others, using the gifts of colour, energy based practices and meditation for personal and planetary healing.

Share accommodation available at Susan's forest retreat home. Consider staying over during the course to enjoy the forest retreat in the Pappinbarra Valley. This unique setting offers quality 'time out' to connect with nature, and touch the stillness, as you begin or continue your healing journey.

Bed and Breakfast \$40

